



Beth Jones

Developing Empowered Leaders Who Don't Cause Your Best People To Leave

Trauma-Informed Leadership Performance Strategist
Two-Time Bestselling Author
Founder of Empowered Survivors, LLC
Creator of The HEAL Framework™

Beth Jones spent 30 years as a senior forensic investigator at FTI Consulting and EY, leading complex fraud and white-collar crime investigations worldwide. Through hundreds of high-stakes interviews, she developed a sharp ability to identify how people behave under pressure through the patterns that surface when authority, accountability, and risk collide.

Later, she turned that same investigative lens on herself and recognized that survival patterns from her own past — control, overperformance, emotional distance — had been silently shaping her leadership for decades. That dual awareness, professional pattern recognition combined with lived experience of healing, led her to create *The HEAL Framework™*.

Today, Beth helps organizations spot the hidden behaviors that cost them their best people and gives leaders a structured path to lead with the clarity, emotional steadiness, and trust that protect the bottom line by keeping top talent on the team and in the room.

Signature Series Topics

Let's HEAL! — Becoming a Sustainable Leader, Not Just A Promotable One

Your leaders walk away knowing how their own patterns are undermining their decision-making, communication, and authority, and exactly how to lead without that cost to their team.

When Life Happens at Work - A Practical Guide to Authentic Leadership Through Challenges

Your leaders learn to lead through their hardest seasons without losing the trust of their teams or themselves.

Redefining Abundance — Leading Beyond the Bottom Line

Your leaders find the fulfillment they've been chasing right where they are and lead with renewed purpose rather than quiet restlessness.

ALSO AVAILABLE: Topics on resilience, relationships, and personal development. Full topic descriptions at empowered survivors.com/speaking

Beth's Differentiators

- Names the patterns costing you a high performer, before you lose them.
- Addresses root behavior, not just symptoms, so her message holds after she leaves the stage.
- Led at the executive level herself, so leaders trust her enough to actually act.
- *The HEAL Framework™* gives leaders a practical next step in a structured format.

[Watch Beth's Speaker Reel](#)

Contact & Connect

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