



Beth Jones

Transforming the World's Deepest Wounds
Into Its Greatest Wisdom

Trauma-Informed Leadership Performance Strategist
The HEALing Mentor | Two-Time Bestselling Author
Founder of Empowered Survivors
Creator of the HEAL Framework™

Beth Jones spent 30 years as a senior forensic investigator at FTI Consulting and EY, leading complex fraud and white-collar crime investigations worldwide. Through hundreds of high-stakes witness interviews, she developed a sharp ability to identify how people behave under pressure — and to recognize the behavioral patterns that surface when authority, accountability, and risk collide.

Behind her executive success was a 45-year-old wall built from childhood sexual abuse, unprocessed trauma, and survival at all costs. And, ironically, an inability to investigate her own life. In June 2020, a hypnotherapy session revealed the truth she'd buried for decades — launching her from high-functioning survivor to thriving healing mentor. Later, she recognized that the same survival patterns she'd spent decades identifying in others had been silently shaping her own leadership all along.

Today, as creator of the HEAL Framework™ (Hope, Evolve, and Love in action), host of Let's HEAL! with Beth Jones, and author of *Becoming an Empowered Survivor*, Beth helps leaders, high-performers and survivors identify the hidden behaviors driving their decisions, relationships, and performance — and teaches them how to heal the underlying wounds so they can live, lead, and love better.

A Texan who grew up in the Middle East and Southeast Asia, Beth brings both an international perspective and a Southern heart to stages worldwide.

Fast Facts

- 30 years executive leadership + trauma survivor perspective
- Advocate: DEI&B and child sexual abuse prevention & awareness
- Two-time bestselling author
- Host, *Let's HEAL! with Beth Jones* podcast
- Lived and worked in 35+ countries

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