

Beth Jones

HEALing What Happened to You for the Life You Get to Choose

The HEALing Mentor
Two-Time Bestselling Author | Podcast Host
Founder of Empowered Survivors, LLC
Creator of The HEAL Framework™



Beth Jones spent 45 years behind an emotional wall built from childhood sexual abuse and other trauma — surviving at all costs while building a global career as a senior forensic investigator. She appeared successful by every external measure, but inside, she was running from pain she couldn't name.

In June 2020, a hypnotherapy session shattered that wall and launched her radical transformation from high-functioning survivor to thriving healing mentor. Today, as the creator of The HEAL Framework™, a two-time bestselling author, and the host of Let's HEAL! with Beth Jones, she helps survivors recognize the patterns that keep them stuck and gives them a practical, proven path to healing.

Beth's message is simple, and she lives it every day: You, too, can heal.

Signature Series Topics

Let's HEAL! — Living Our Best Lives Is Possible, No Matter How Impossible It May Seem

Beth's flagship talk: the full healing arc from survivor to mentor, with the complete HEAL Framework™ and a path forward for anyone ready to begin.

You, Too, Can Heal — 3 Truths Every Survivor Needs to Hear

An accessible, hope-filled introduction for survivors taking their first step. Permission to begin, clarity about what healing requires, and proof that it's possible.

There, but for God's Grace — Understanding the Thin Line Between Standing and Falling

Beth's most personal keynote. Breaks down the "us vs. them" mentality around suffering and proves that compassion, not judgment, creates the conditions for healing.

ALSO AVAILABLE: Topics on relationships, generational patterns, soul-plane healing, and more. Descriptions at empoweredurvivors.com/speaking.

Contact & Connect

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Beth's Differentiators

- Built a path you can actually follow, not just a story to relate to
- Recognizes your patterns faster than most from 30 years of training her eye on exactly this
- Understands survival in every room you've ever had to survive in: work, home, all of it
- Safe with vulnerable audiences
- Certified Storyteller (Lightbeamers)

[Watch Beth's Speaker Reel](#)