

Beth Jones

Reclaiming Our Hidden Power As Women to Thrive, Not Survive

Leadership Performance Strategist
The HEALing Mentor
Two-Time Bestselling Author
Founder of Empowered Survivors, LLC



For 45 years, Beth Jones lived behind an emotional wall she didn't know existed, built from childhood sexual abuse and survival at all costs. She climbed to senior executive roles at FTI Consulting and EY, investigated fraud across 35+ countries, and appeared successful by every external measure. But beneath the surface, survival patterns she couldn't see were driving her leadership, her relationships, and her sense of self.

In June 2020, her wall came down, and Beth's radical transformation from high-functioning survivor to healing mentor began.

Today, through The HEAL Framework™, she helps women recognize the survival patterns shaping their lives and reclaim the power those patterns have been stealing. Her combination of executive credibility and raw vulnerability gives women both the practical tools and the emotional permission to step into their fullest selves.

Signature Series Topics

Let's HEAL! — Reclaiming Our Hidden Power to Thrive, Not Survive

Beth's flagship talk: the full healing arc from survivor to mentor, with the complete HEAL Framework™ and a path to reclaiming what survival patterns have taken.

Redefining Abundance — Success on Your Own Terms

For women questioning whether the success they've built is the life they actually want, and who are ready to redefine what abundance means to them.

You, Too, Can Heal — 3 Truths Every Survivor Needs to Hear

An accessible, hope-filled entry point for women ready to begin their healing journey.

ALSO AVAILABLE: Topics on relationships, generational patterns, and purpose discovery. Descriptions at empoweredurvivors.com/speaking.

Beth's Differentiators

- Lived it and built the framework, not just a testimony, but a structured path for others
- 30 years of reading behavior under pressure gives her a pattern-recognition lens most healing speakers don't have
- Bridges the professional and personal worlds, understanding survival patterns in boardrooms and in bedrooms
- Safe with vulnerable audiences

[Watch Beth's Speaker Reel](#)

Contact & Connect

www.empoweredurvivors.com
speaking@empoweredurvivors.com
Phone: (214) 789-9423

@BethJonesHEALingMentor on
[LinkedIn](#) | [Substack](#) | [YouTube](#)